



40 Dreams
CATERING

973-988-5554 • info@40Dreams.com

BREAKFAST

Pancakes, Turkey Sausage

Belgian Waffles & Turkey Sausage

Omelets: (Choose from these ingredients: Peppers, Onion, Spinach, Cheese,)

LUNCH/DINNER MENU

CHICKEN

Baked Herb Chicken, Mashed Sweet Potatoes & Garlic Kale

Chicken Parmigiana, Pasta & Broccoli

Chicken & Gravy (Smothered Chicken) With Brown Rice And Green Beans

Sautéed Chicken & Rice with Peppers & Cabbage

Oven Fried Chicken, Mashed White Potatoes, Kale

Baked Chicken with a BBQ Sauce, Pasta & Cheese & Green Beans

Chicken & Rice with Peas/Beans (Arroz con Pollo)

Garlic Chicken, Baked Caramelized Plantains, Brown Rice

Chicken with Stir Fry Vegetables and Brown Rice or Cubed Potatoes

TURKEY

Shepherd's Pie (Ground Turkey & Mashed Potatoes)

Turkey Meatloaf, Mashed Potatoes & Seasonal Vegetable (Brown Gravy)

Turkey Meatballs In Red Sauce With Vegetables

Turkey & Spinach Lasagna

Sloppy Joes with Brown Rice and Mixed Vegetables

Salisbury Steak & Gravy, White Potatoes, Roasted Vegetables

FISH

Baked Herb Basa with Mashed Sweet Potatoes and Green Beans

Parmesan Crusted Basa, Pasta and Broccoli

Shrimp Scampi, Pasta & Green Peas

Salmon Cakes, Mashed Sweet Potatoes, Mixed Vegetables

Baked White Fish topped with sautéed tomatoes, spinach and garlic

VEGETARIAN

Curried Sweet Potatoes, White Potatoes and Kale

Bean Chili

Kale and Bean Salad

White Bean and Spinach Soup

Spinach Lasagna

Broccoli & Quinoa Casserole

Black Beans, Kale, Sweet Potatoes

Vegetable Soup

Farro and Cranberry Salad

All of our menu items are made with no salt and Olive Oil is the oil of choice used when preparing our meals.

Items subject to change without notice based on availability.